

These guidelines were developed by the College Health IPA (CHIPA) Claims Department to assist providers with claims submission and avoid unintentional claims fraud. For questions regarding these guidelines call the CHIPA Claims Department: 800-779-3825 Option 5.

Quick Facts

- A CPT is a code, which describes the type and length of treatment service provided for the patient.**
For example: an individual therapy session, 45 to 50 minutes in length is billed as a 90806.
- The patient is the person identified on the CHIPA authorization or registration notification.**
- If a provider meets with another family member without the patient being present, the correct CPT is 90846.** *Pre-authorization is required for this treatment.*
- If two patients have separate authorizations but are seen together, only one CPT can be billed for the service.**
For example: Amy and her son, John, each have authorization to see provider Thomas Brown, MFT. They come in together for a family session. The CPT 90847 should be billed for either Amy or John but not for both.
- Submission of a claim with a CPT code that does not match the service provided for the patient is claims fraud.** Examples:
 - A claim is submitted for a 90806 but the patient was never seen (family member was seen instead). The correct CPT code is 90846.*
 - A claim is submitted for a 90807 but the patient was only seen for 20 minutes. The correct CPT code is 90805.*
 - A patient is seen in individual therapy for 80 minutes and the claim is submitted for two 90806 sessions. The correct CPT code is 90808.*
- Claims fraud is illegal and can result in contract termination and revocation of professional license**

Common CPT Codes

Code	Treatment Type	Length
90801	Initial Assessment	45-50 Minutes
90804*	Individual Therapy	20-30 Minutes
90805	Individual Therapy with Medication Evaluation	20-30 Minutes
90806	Individual Therapy	45-50 Minutes
90807	Individual Therapy with Medication Evaluation	45-50 Minutes
90808*	Individual Therapy	75-80 Minutes
90809*	Individual Therapy with Medication Evaluation	75-80 Minutes
90846*	Family Therapy without the patient present	45-50 Minutes
90847	Family Therapy	45-50 Minutes
90853*	Group Therapy	45-50 Minutes
90862	Medication Management	15-20 Minutes
96101*	Psychological Testing	1 Hour
99058*	Urgent Initial Assessment	45-50 Minutes

*CHIPA will reimburse for these CPT codes; however, they must be pre-authorized through the CHIPA Care Management Department. To obtain pre-authorization, call 800-779-3825 Option 6 and request to speak with a Care Manager.

**PROTECT YOUR PROFESSIONAL LICENSE
ONLY BILL THE CPT CODE THAT CORRECTLY MATCHES THE SERVICES YOU PROVIDED**